

Chickpea with Red Pepper Salsa

(Serves 6. Prep Time: 10mins)



Ingredients

500g boiled chickpeas, chopped 1 cup salad rocket, chopped 2 tbsp fresh lemon juice

½ tsp salt

4 green onions, chopped

2 roasted red peppers, chopped (1/4 cup)

2 tbsp extra-virgin olive oil

¼ tsp black pepper

Directions

In a medium bowl, combine the chickpeas, scallions, arugula, red peppers, lemon juice, oil, salt, pepper

Serve with DIP Pita Chips. Try heating them in oven at 110*C for 2 to 3 minutes