



Yoghurt, Herb and Walnut DIP

(Serves 6. Prep Time: 5mins)

Ingredients

200gm Yoghurt, preferably Greek

35g chopped walnut

½ tsp salt

1 clove garlic, chopped

30g chopped dill

Directions

Step 1. In a medium bowl, combine yogurt, garlic, 25g walnuts, 25gdill, and salt

Step 2. Top with additional chopped dill and walnuts

Serve with DIP Masala Sticks, Multigrain Strips or Khari Biscuits

